WOMEN FACE HIGHER RISK OF STROKE

NEW GUIDELINE OFFERS WAYS TO LOWER YOUR RISK

WOMEN HAVE MORE STROKES THAN MEN, AND STROKE KILLS MORE WOMEN THAN MEN.

Talk to your healthcare provider about how to lower your risk, using the below information from the new American Heart Association/American Stroke Association prevention guidelines.

**STROKE IS THE**

- #3 cause of death in women
- #4 cause of death in men

**STROKE DEATHS IN ONE YEAR**

- Women: 77,109
- Men: 52,367

(from 2010, the most recent year the statistics are available)

**STROKE BY THE NUMBERS**

- About 55,000 more women than men have a stroke each year.

Do you know how to identify a stroke and when emergency help is needed?

Learn how to spot a stroke F.A.S.T. at StrokeAssociation.org/warningsigns